

Faith Builders: Be Patient!

Parents, you are welcome to use these ideas to help build your child's faith and encouraging them to become lifelong followers of Jesus Christ.

Quick Pick

Today we're going to role-play. Let's pretend we're waiting in line to ride a roller coaster at an amusement park. Have children form a single-file line. Ask half of the line to act like people who are waiting patiently. Ask the other half of the line to act like people who are waiting impatiently. After 20 to 30 seconds, have children switch roles. When are some other times you have to wait? Invite children to respond.



***“Be completely humble and gentle; be patient, bearing with one another in love.”
Ephesians 4:2***



Key Word

Patience is to calmly wait for someone or something.

Fun at Home:

Play a game like “Pictionary.” Take turns drawing ways to show patience to others. See how fast you can guess the actions.

Now, Do the Craft activity provided and/or the game!

GETTING CRAFTY:

What Each Child Needs:

Scissors
Card stock marker
Cardboard cylinder about 12.5 cm tall
Glue
Yarn in a variety of colours
Paint or glue brush



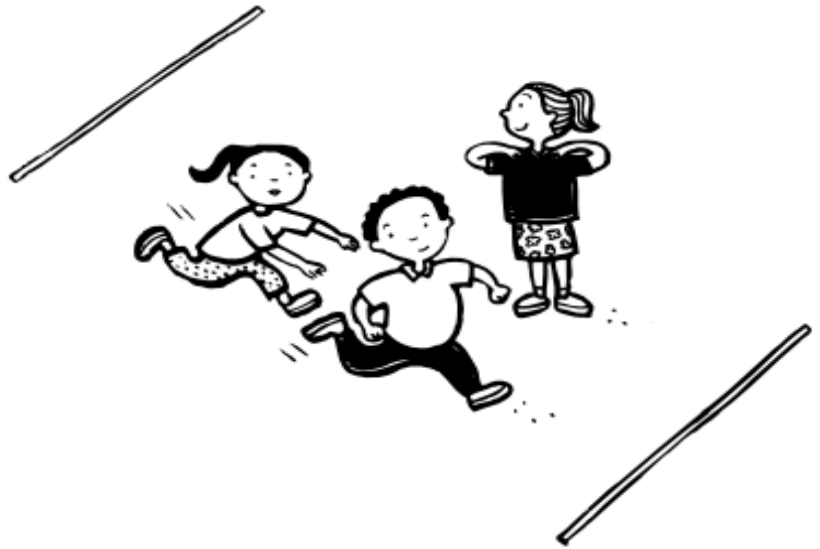
What Each Child Does:

1. Cut a 5-cm strip of card stock long enough to fit around the rim of the cylinder. Use a marker to write "Have Patience" on the strip of paper.
2. Glue the strip of paper around the top of the cylinder so the writing can be seen. Brush a thin layer of glue over the unglued sides of the container.
3. Wrap the yarn around the sides of the container, beginning at the bottom of the container. To change yarn colours, cut the yarn and begin wrapping a new colour of yarn where you stopped wrapping the previous colour.
4. Continue process until you have wrapped yarn up to the bottom of the paper.
5. Keep this pencil holder nearby when you do your homework. You'll not only have pencils and pens handy, but it will be a reminder to be patient.

GETTING ACTIVE

What You Need

masking tape or chalk



What You Do

1. God wants us to show patience in everything we do. Let's play a game of tag where we need to show patience. Make two parallel masking-tape lines at least 4.5 m to 8 m apart and at least 3 m long. (Use chalk if you are playing on asphalt.)
2. Choose one child to be "It." "It" stands between the two lines. All other children stand behind one line.
3. At your signal, children run past "It" and across the opposite line, trying not to be tagged by "It." If a child is tagged, that child freezes in place and begins touching his or her head, shoulders, knees and then toes, repeating movements over and over again.
4. At your signal, children who successfully crossed run back to the opposite line, tagging any frozen children to unfreeze them. Any new children who are tagged by "It" must freeze in place and repeat the motions until they are freed by another child.
5. Continue giving signal for children to run back and forth between the masking-tape lines. Every few minutes, substitute a new volunteer to be "It." Continue game as time allows.

Have Fun!